

—-HANDOUTS—-

Parents:

Please help your child pack an authentic pioneer lunch in his/her lunch pail for our day at Pioneer School Thank you.

SUGGESTIONS FOR PIONEER LUNCHES (with some pretending!)

- Corn muffins, cold pancakes, homemade bread
- Cheese (if the family had a milk cow)
- Jelly or jam sandwiches (from wild plums or grapes)
- Meat sandwiches (from homestead pork or chicken, wild game, deer, rabbit or squirrel)
- Dried meat, jerky (from range beef or buffalo)
- Hard-boiled egg (if homestead had chickens)
- Fresh fruits (if homestead orchard had planted apples or peaches, or wild plums, & grapes)
- Fresh vegetables (carrots, tomatoes and cabbage from homestead garden)
- Cookies
- Tin cup, enameled cup or small glass jar for drinking water (water will be provided)
- Wrap lunch items in cloth or brown paper (no plastic or aluminum please)